



Island House **café**

morning drinks

WANT TO SEE THE FULL DRINK MENU? ASK YOUR SERVER

ASK ABOUT OUR NEW
SUGAR FREE
MIXERS & SODAS

SIGNATURE BLOODIES

HOUSE-MADE BLOODY MIX FROM SCRATCH

CLASSIC BLOODY MARY

WITH STOLI VODKA

BLOODY MARIA

WITH EL JIMADOR TEQUILA

“HOT & SPICY” BLOODY MARY

WITH STOLI HOT

SPARKLING COCKTAILS

WITH WILLIAM WYCLIFF CALIFORNIA CHAMPAGNE

CLASSIC MIMOSA

WITH FRESH SQUEEZED OJ

MANGO MIMOSA

WITH MANGO PURÉE

PEACH OR PASSION FRUIT BELLINI

WITH PEACH SCHNAPPS OR CHINOLA PASSION LIQUEUR

APEROL SPRITZ

LA MARCA PROSECCO AND APEROL

COCONUT COOLER

COCONUT CREAM, PINEAPPLE, OJ, CLUB SODA

MOJITO LIMEADE

FRESH LIME, MINT, AGAVE, CLUB SODA

FROZEN BLUEBERRY LEMONADE

LEMONADE, FRESH BLUEBERRY AND FRESH MINT

ALCOHOL FREE



CATCH A PLANT BUZZ

BIMINI BLUE

ENERGY+FOCUS, WHITE VEIN KRATOM 10

LAIDBACK LEMONADE

ELEVATE+UNWIND, DELTA-8 CANNABIS ISOLATE 10

ORANGE DREAM

CALM+SOCIAL, KAVA PLANT DERIVED 10

CITRUS TWIST

CALM+CENTERED, CBD CANNABIS ISOLATE 10

SPECIALTY DRINKS

SKINNY COLADA

COCONUT VODKA, COCONUT WATER,
PINEAPPLE JUICE

IRISH COFFEE

HOT COFFEE WITH IRISH WHISKEY, SPLASH
SIMPLE SYRUP AND WHIPPED CREAM

FROZEN JAVA MUDSLIDE

ESPRESSO LIQUEUR, COFFEE SYRUP,
AMARETTO, ICE CREAM, WHITE CHOCOLATE SYRUP

ESPRESSO MARTINI

ESPRESSO VODKA, ESPRESSO LIQUEUR
AND REAL ESPRESSO

KEY WEST COFFEE

HOT COFFEE WITH PAPAS PILAR DARK
RUM, SPLASH SIMPLE SYRUP AND WHIPPED
CREAM

CUBAN ICED COFFEE

CUBAN COFFEE LIQUEUR, AMARETTO, FRESH COFFEE
AND HALF/HALF, SHAKEN OVER ICE

SODA / WATER / JUICE

JUICES

FLORIDA ORANGE JUICE, CRANBERRY,
GRAPEFRUIT, PINEAPPLE, APPLE
SMALL 10oz 3 LARGE 12oz 4

SOFT DRINKS 3

COKE, SPRITE, PINK LEMONADE, GINGER ALE,
TONIC, CLUB SODA, DIET TONIC, DIET COKE,
GINGER BEER 4

SPARKLING AND STILL WATERS 3.50

SPORTS DRINK 4

COCONUT WATER 4

RED BULL 4

REGULAR, SUGAR FREE, TROPICAL,
COCONUT, WATERMELON

MILK (WHOLE, SKIM, SOY)

SMALL 10oz 3 LARGE 12oz 4

COFFEE / ESPRESSO

COMPLIMENTARY COFFEE AND TEAS ARE AVAILABLE
24/7 FOR REGISTERED HOTEL GUESTS

MEMBERS, VISITORS, NON HOTEL GUESTS 3

ESPRESSO 4 DBL 6

CAPPUCCINO 5

CAFÉ CON LECHE (LATTE) 5 DBL 7

CAFÉ MOCHA 5 DBL 7

AMERICANO 4 DBL 6

HOT CHOCOLATE 6

SMOOTHIE / SHAKE

PROTEIN SHAKE FRENCH VANILLA WHEY 6
ADD EXTRA SCOOP PROTEIN, SOY MILK, FRESH
FRUIT OR ICE CREAM 4

FRESH FRUIT SMOOTHIE 8



Island House *café*

breakfast

Served 7am-1pm

“Just Eggs” available 24/7

MORNING STARTERS

GRANOLA WITH BANANA AND BERRIES

WITH WHOLE, SKIM, OR SOY MILK 8 ADD YOGURT FOR 3.5

OATMEAL

WITH BROWN SUGAR, FRESH NUTS, AND DRIED CURRANTS WITH GOLDEN RAISINS.
YOUR CHOICE OF SKIM, WHOLE, OR SOY MILK 8 ADD FRUIT 3.5

GREEK YOGURT

STRAWBERRY, VANILLA OR BLACK CHERRY 3.5

GOLDMAN'S LOCAL DELI BAGEL AND CREAM CHEESE

PLAIN, CINNAMON RAISIN, WHOLE WHEAT OR EVERYTHING
WITH REGULAR OR CHIVE AND ONION CREAM CHEESE 4

FRESH FRUIT CUP

FRESH CUT CANTALOUPE, HONEYDEW, STRAWBERRIES, PINEAPPLE,
GRAPES, BANANA AND BLUEBERRIES 8

BIG BOY OMELETS

SERVED WITH CHOICE OF BREAD

WHITE, WHEAT, RYE, GLUTEN-FREE

ENGLISH MUFFIN, BAGEL OR CROISSANT ADD 2 EGG WHITES ADD 2

BUILD YOUR OWN OMELET

CHOOSE THREE 12

PREMIUM ADD-ON'S 2 EACH

CHEDDAR	BLEU CHEESE	RED ONION	TOMATO	BASIL
PROVOLONE	FETA	YELLOW ONION	PESTO	SPINACH
AMERICAN	MOZZARELLA	GREEN ONION	MUSHROOMS	
SWISS	CREAM CHEESE	GARLIC	PEPPERS	

BACON	PEPPERONI	CHICKEN
ITALIAN SAUSAGE	SHRIMP	SMOKED SALMON
BLK FOREST HAM	ASPARAGUS	AVOCADO
TURKEY		

THREE CHEESE*

WITH CHEDDAR, PROVOLONE AND AMERICAN CHEESE 11

BACON AND CHEDDAR*

CHOPPED SMOKED BACON AND CHEDDAR CHEESE 12

MUSHROOM AND SWISS *

SAUTÉED MUSHROOMS AND MELTED SWISS CHEESE 11

BIG MEAT LOVERS*

SMOKED BACON, ITALIAN SAUSAGE, BLACK FOREST HAM 13

VEGGIE*

MUSHROOMS, PEPPERS, GREEN ONION, AVOCADO, TOMATO 12

WESTERN*

BLACK FOREST HAM, CHEDDAR CHEESE, ONIONS, PEPPERS 12

NO SUBSTITUTIONS ON SIGNATURE OMELETS, BUT YOU CAN ALWAYS BUILD YOUR OWN

* consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions

BREAKFAST FAVORITES

BANANA HAMMOCK

GRILLED BUTTER CROISSANT PANINI FILLED WITH CARAMELIZED BANANA, SLICED
ALMONDS, CHOPPED NUTS, CHOCOLATE SAUCE AND WHIPPED CREAM 11

JUST EGGS*

SCRAMBLED, POACHED OR FRIED 8 THREE EGGS 9.5
WITH CHOICE OF TOAST *available 24/7*

EGGS BENEDICT*

TWO POACHED EGGS WITH BLACK FOREST HAM, ENGLISH MUFFIN
AND HOLLANDAISE 14 SMOKED SALMON BENEDICT 19

PANCAKES WITH FRESH FRUIT

THREE BUTTERMILK PANCAKES WITH 100% MAPLE SYRUP AND
FRESH FRUIT 11

HUNGRY BEAR BREAKFAST*

2 EGGS, 2 PANCAKES, BACON, SAUSAGE, HAM AND HOME-FRIED
POTATOES 21

SHRIMP AND GRITS

SOUTHERN GRITS AND MELTED CHEDDAR CHEESE WITH SAUTÉED
SHRIMP, DICED BACON, GARLIC AND CHOPPED GREEN ONION 20

SMOKED SALMON BAGEL PLATTER*

GOLDMAN'S DELI BAGEL WITH SMOKED SCOTTISH LOX, RED ONIONS,
BEEFSTEAK TOMATOES, CAPERS AND CREAM CHEESE 16

CUBAN BREAKFAST SANDWICH*

FRIED OR SCRAMBLED EGGS WITH CHEESE AND BACON, SAUSAGE OR HAM ON
LOCAL PRESSED CUBAN BREAD 11 ON BAGEL OR CROISSANT ADD 2

SIDES

HOME-FRIED POTATOES

FRIED THEN GRILLED WITH PEPPERS AND ONIONS
AND SPICES 5

BACON, SAUSAGE OR HAM

PECANWOOD-SMOKED BACON, LINK SAUSAGE OR BLACK
FOREST HAM 4

STONE-GROUND SOUTHERN GRITS

WITH BUTTER, CHEDDAR CHEESE OR MAPLE SYRUP 3

ENGLISH MUFFIN, TOAST OR CROISSANT

MARBLED RYE, WHITE OR WHOLE WHEAT 3



FABULOUS FLATBREAD PIZZA



= vegetarian

MARINARA SAUCE, FRESH BASIL AND MOZZARELLA CHEESE



MARGHERITA

FRESH MOZZARELLA, BASIL, TOMATO SAUCE 15



VEGGIE

MUSHROOMS, ONIONS, PEPPERS WITH MARINARA SAUCE AND MOZZARELLA CHEESE 16

PROSCIUTTO DI PARMA

GARLIC PESTO SAUCE, PROSCIUTTO HAM, MOZZARELLA, PARMESAN AND BABY GREENS 16

MEAT LOVERS

SAUSAGE, BACON, HAM AND PEPPERONI WITH MARINARA AND MOZZARELLA CHEESE 16

CHICKEN BACON RANCH

ALFREDO SAUCE, CHICKEN, ONIONS, BACON, AND RANCH WITH MOZZARELLA CHEESES 16

NO SUBSTITUTIONS ON SIGNATURE PIZZAS, BUT YOU CAN ALWAYS BUILD YOUR OWN

BUILD YOUR OWN

INCLUDES THREE TOPPINGS 15 ADDITIONAL TOPPINGS 2 EACH

DICED TOMATO
MINCED GARLIC

RED ONION
PEPPERS

BLACK OLIVES
PINEAPPLE

MUSHROOM
SPINACH

CAPERS
PEPPERONI

SAUSAGE
HAM

BACON
CHICKEN

SNACKS



MEXICAN STREET CORN

FIRE ROASTED SWEET CORN, ONION, TOMATO, GARLIC AIOLI 5



= vegetarian

TUNA TATAKI 16 *

SASHIMI-GRADE TUNA SEARED RARE, NORI SEAWEEED SALAD

COCONUT SHRIMP 14

DEEP FRIED, TAMARIND-GINGER DIPPING SAUCE



WARM PRETZEL TWIST 8

BAVARIAN STYLE, THREE HOUSE-MADE DIPPING SAUCES



BUFFALO CAULIFLOWER BITES 11

LIGHTLY BREADED, FRIED, MELTED BLEU CHEESE



EDAMAME 10

PORK POTSTICKERS 14



VEGGIE POTSTICKERS 12

STEAMED OR FRIED, PLUM-CHIPOTLE DIPPING SAUCE

CARIBBEAN CONCH FRITTERS 12

LOCAL FAVORITE, HONEY MUSTARD SAUCE

HOUSE-MADE STUFFED MEATBALLS 12

3 MOZZARELLA STUFFED, BEEF AND ITALIAN SAUSAGE

SNACKS TO SHARE

DRUNKEN MUSSELS 16

1LB, BLUE MUSSELS, WHITE WINE, GARLIC, SHALLOTS

FRIED CHICKEN TENDERLOINS 14

ALL WHITE BREAST MEAT, CHOICE OF SAUCES

CHICKEN WINGS 15

CHOOSE BUFFALO, CARIBBEAN JERK, OR ASIAN SESAME

SMOKED FISH DIP AND CHIPS 12

SMILIN' BOB'S LOCALLY FAMOUS, HOUSEMADE KETTLE CHIPS

ANTIPASTO BOARD 17

PROVOLONE, FRESH MOZZARELLA, PROSCIUTTO, BASIL, TOMATOES, PEPPERONCINI, OLIVES, TOASTED CIABATTA, BALSAMIC GLAZE



CURRIED HUMMUS AND VEGGIE BOARD 12

BELL PEPPERS, CARROTS, CELERY, TOASTED CIABATTA BREAD

SOUPS | SALADS | SIDES

SOUPS

CONCH / CLAM CHOWDER 9

"MANHATTAN STYLE" CARIBBEAN CONCH, BABY CLAMS, TOMATOES, PEPPERS, SPICES, VEGETABLES



CUBAN BLACK BEAN SOUP 8

SIMMERED IN VEGETABLE BROTH, SOUR CREAM, GRATED CHEDDAR, CHOPPED TOMATOES, ONIONS

SIDES



SAUTÉED VEGETABLES 5



COLESLAW 4



POTATO SALAD 4

SALADS

SHRIMP, SALMON, GROUPER, TUNA 8
CHICKEN 5, SKIRT STEAK 11

KALE CAESAR SALAD 11

WITH KALE OR ROMAINE

COBB SALAD* 14

BACON, AVOCADO, TOMATO, BLEU CHEESE, EGG



GREEK SALAD 13

ROMAINE FETA ROMAINE, TOMATOES, CUCUMBERS, ONIONS, PEPPERONCINI, KALAMATA OLIVES



GARDEN SALAD 9

BABY GREENS MUSHROOMS, ONIONS, TOMATOES, CUCUMBERS, PEPPERS



SIDE SALAD 7

GARDEN OR CEASAR

FRIES & CHIPS

LOADED FRIES OR CHIPS 12

CHEESE, BACON, ONION, JALAPENO



CONE OF TRUFFLE FRIES 7



CONE OF FRENCH FRIES 6



KETTLE CHIPS 6



WAFFLE FRIES 6



ONION RINGS 7

JUST EGGS* available 24/7

SCRAMBLED OR FRIED 8
WITH CHOICE OF TOAST

BURGERS | SANDWICHES | WRAPS

ADD-ON'S BACON 2, CHEESE 1, FRIES, KETTLE CHIPS, ONION RINGS, POTATO SALAD, COLESLAW 4



BITCHIN' CHICKEN SANDWICH

GRILLED CHICKEN, GARLIC AIOLI, BABY ARUGULA, FRESH TOMATO, CHEESY GARLIC CIABATTA BREAD 14



ALL BURGERS ON TOASTED KAISER BUN WITH LETTUCE, TOMATO, ONION, PICKLE, COLESLAW

ITALIAN BEAST BURGER* CAPRESE, FRESH MOZZ, BASIL PESTO, TOMATO, WAGYU BEEF, ELK, BISON, WILD BOAR 16

BLACK ANGUS BURGER*
HALF POUND BLACK ANGUS BEEF, GRILLED TO ORDER 14

TURKEY BURGER*
ALL WHITE MEAT, PERFECTLY SEASONED 14

"THE IMPOSSIBLE" BURGER
SO GOOD YOU'LL FORGET IT'S MADE FROM PLANTS 14

GROUPE SANDWICH*
GULF GROUPE, BLACKENED/CARIBBEAN JERK/LEMON PEPPER 16

CUBAN MIX
PULLED PORK, HAM, SWISS, PICKLE, MUSTARD, PRESSED CUBAN BREAD 15

PLAIN, WHEAT, SPINICH, SUN-DRIED TOMATO, GLUTEN FREE
CHICKEN CAESAR WRAP*
KALE CAESAR SALAD WITH CHICKEN, CHOICE OF WRAP 12

ISLAND HOUSE WRAP
CHOOSE TURKEY OR HAM, LETTUCE, TOMATO, MAYO 12

QUESADILLA*
ONIONS, PEPPERS, CARIBBEAN SAUCE, PROVOLONE, CHEDDAR 10
CHICKEN ADD 5 SHRIMP OR STEAK ADD 10

CHOICE OF BREAD: WHITE, WHEAT, RYE
CLASSIC CLUB
ROASTED TURKEY, BACON, TOMATOES, LETTUCE, MAYO 14

GRILLED CHEESE WITH TOMATO
CHOICE OF CHEESE, TOMATO 8 ADD TURKEY OR BACON 3

ISLAND HOUSE TACOS*
TWO GRILLED TORTILLAS, CHEDDAR, GRILLED ONIONS, LETTUCE, TOMATO, HOMEMADE TACO SAUCE - GROUPE, SHRIMP, CHICKEN OR STEAK 16

* consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions

Served 5pm - 11pm

DINNER ENTRÉES

Served 5pm - 11pm

SALADS LISTED ON OTHER SIDE

BRAISED BEEF SHORTRIB*
BONELESS, RED WINE HERB REDUCTION, HOUSEMADE MASHED POTATOES, SAUTÉED VEGETABLES 31

PASTA PRIMAVERA*
PENNE PASTA, RICH PARMESAN CREAM SAUCE OR HOUSE MARINARA WITH SAUTÉED VEGETABLES 15
ADD GRILLED CHICKEN 5, AHI TUNA, SALMON, GRILLED SHRIMP OR GROUPE 8, SKIRT STEAK 11

CHICKEN CORDON BLEU*
HOUSEMADE, LIGHTLY BREADED, STUFFED, BLACK FOREST HAM & SWISS, GARLIC WINE CREAM SAUCE, JASMINE RICE, SAUTÉED VEGETABLES 27

DADDY'S MEATLOAF
HOUSEMADE, GROUND BEEF & PORK, RICH BROWN GRAVY, GARLIC MASHED POTATOES, SAUTÉED VEGETABLES AND LINGONBERRY SAUCE 23

LOCAL FRESH FISH*
GRILLED GROUPE OR YELLOWTAIL FILLET OVER FRIED RICE WITH GRILLED ASPARAGUS, SERVED WITH CITRUS BUTTER 32

CHIMICHURRI SKIRT STEAK*
THINLY SLICED ANGUS SKIRT STEAK, HOUSEMADE CHIMICHURRI, SIDE OF GRILLED MEXICAN CORN AND WARM TORTILLA 22

ISLAND HOUSE RIBEYE*
12OZ ANGUS RIBEYE STEAK, ROSEMARY GRILLED MUSHROOMS, SAUTÉED VEGETABLES, OVEN ROASTED POTATOES 39

BONE IN PORK CHOP
10OZ PORK CHOP GRILLED, ITALIAN HERBS, SEASONED RICE, SAUTÉED VEGETABLES, SIDE OF CREAMY MEDITERRANEAN SAUCE 28



SIDES

- MEXICAN STREET CORN 4
- SAUTÉED VEGETABLES 4
- GRILLED ASPARAGUS 4
- BRUSSELS SPROUTS 4
- JASMINE RICE 4
- MASHED POTATOES 4
- COLESLAW 4
- KETTLE CHIPS | ONION RINGS 7
- FRENCH FRIES | WAFFLE FRIES 6

SAUCES

- MANGO GINGER HABANERO
- TAMARIND GINGER SAUCE
- SMOKEY PLUM CHIPOTLE
- SWEET & SAVORY ONION
- SESAME GARLIC
- CARIBBEAN SAUCE
- BUFFALO SAUCE
- ADD-ON SAUCES 2

DESSERTS

- MILE-HIGH CARROT CAKE 13
- CHOCOLATE CORRUPTION 13
- DUTCH APPLE PIE 10
- KERMIT'S KEY LIME PIE 9
- SEASONAL CHEESECAKE 10
- HÄAGEN-DAZS ICE CREAM
ONE SCOOP 4 TWO SCOOPS 7
- ASK YOUR SERVER ABOUT OUR FABULOUS DESSERT MARTINIS LIKE KEY LIME PIE AND ESPRESSO MARTINIS

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Island House café

late night

Served 11pm - 7am

FABULOUS FLATBREAD PIZZA

- MARINARA SAUCE, FRESH BASIL AND MOZZARELLA CHEESE
- MARGHERITA**
FRESH MOZZARELLA, BASIL, TOMATO SAUCE 15
 - VEGGIE**
MUSHROOMS, ONIONS, PEPPERS WITH MARINARA SAUCE AND MOZZARELLA CHEESE 16
 - PROSCIUTTO DI PARMA**
GARLIC PESTO SAUCE, PROSCIUTTO HAM, MOZZARELLA, PARMESAN AND BABY GREENS 16

- MEAT LOVERS**
SAUSAGE, BACON, HAM AND PEPPERONI WITH MARINARA AND MOZZARELLA CHEESE 16
 - CHICKEN BACON RANCH**
ALFREDO SAUCE, CHICKEN, ONIONS, BACON, AND RANCH WITH MOZZARELLA CHEESES 16
- NO SUBSTITUTIONS ON SIGNATURE PIZZAS, BUT YOU CAN ALWAYS BUILD YOUR OWN



BUILD YOUR OWN

INCLUDES THREE TOPPINGS 15 ADDITIONAL TOPPINGS 2 EACH

DICED TOMATO	RED ONION	BLACK OLIVES	MUSHROOM	CAPERS	SAUSAGE	BACON
MINCED GARLIC	PEPPERS	PINEAPPLE	SPINACH	PEPPERONI	HAM	CHICKEN

SNACKS

- COCONUT SHRIMP** 14
DEEP FRIED, TAMARIND-GINGER DIPPING SAUCE
- WARM PRETZEL TWIST** 8
BAVARIAN STYLE, THREE HOUSE-MADE DIPPING SAUCES
- BUFFALO CAULIFLOWER BITES** 11
LIGHTLY BREADED, FRIED, MELTED BLEU CHEESE
- EDAMAME** 10
- CARIBBEAN CONCH FRITTERS** 12
LOCAL FAVORITE, HONEY MUSTARD SAUCE
- FRIED CHICKEN TENDERLOINS** 14
ALL WHITE BREAST MEAT, CHOICE OF SAUCES
- CHICKEN WINGS** 15
CHOOSE BUFFALO, CARIBBEAN JERK, OR ASIAN SESAME

SANDWICHES

BITCHIN' CHICKEN SANDWICH
GRILLED CHICKEN, GARLIC AIOLI, BABY ARUGULA, FRESH TOMATO, CHEESY GARLIC CIABATTA BREAD 14

ALL BURGERS ON TOASTED KAISER BUN WITH LETTUCE, TOMATO, ONION, PICKLE, COLESLAW

ITALIAN BEAST BURGER* CAPRESE, FRESH MOZZ, BASIL PESTO, TOMATO, WAGYU BEEF, ELK, BISON, WILD BOAR 16

BLACK ANGUS BURGER*
HALF POUND BLACK ANGUS BEEF, GRILLED TO ORDER 14

TURKEY BURGER*
ALL WHITE MEAT, PERFECTLY SEASONED 14

"THE IMPOSSIBLE" BURGER
SO GOOD YOU'LL FORGET IT'S MADE FROM PLANTS 14

GROUPEL SANDWICH*
GULF GROUPEL, BLACKENED/CARIBBEAN JERK/LEMON PEPPER 16

CHOICE OF BREAD: WHITE, WHEAT, RYE

CLASSIC CLUB
ROASTED TURKEY, BACON, TOMATOES, LETTUCE, MAYO 14

GRILLED CHEESE WITH TOMATO
CHOICE OF CHEESE, TOMATO 8 ADD TURKEY OR BACON 3

FRIES & CHIPS

- LOADED FRIES OR CHIPS** 12
CHEESE, BACON, ONION, JALAPENO
- CONE OF TRUFFLE FRIES** 7
- CONE OF FRENCH FRIES** 6
- KETTLE CHIPS** 6 MADE TO ORDER
- WAFFLE FRIES** 6 SEASONED
- ONION RINGS** 7

EGGS & OMELETS

- THREE CHEESE OMELET***
WITH CHEDDAR, PROVOLONE AND AMERICAN CHEESE 11
- BACON AND CHEDDAR OMELET***
CHOPPED SMOKED BACON AND CHEDDAR CHEESE 12
- WESTERN OMELET***
BLACK FOREST HAM, CHEDDAR CHEESE, ONIONS, PEPPERS 12

- JUST EGGS***
SCRAMBLED, POACHED OR FRIED 8 THREE EGGS 9.5
WITH CHOICE OF TOAST *available 24/7*
- CUBAN BREAKFAST SANDWICH***
FRIED OR SCRAMBLED EGGS WITH CHEESE AND BACON, SAUSAGE OR HAM ON LOCAL PRESSED CUBAN BREAD 11
ON BAGEL OR CROISSANT ADD 2

LIGHT & HEALTHY

SOUPS

- CONCH / CLAM CHOWDER** 9
"MANHATTAN STYLE" CARIBBEAN CONCH, BABY CLAMS, TOMATOES, PEPPERS, SPICES, VEGETABLES

SIDES

- COLESLAW** 4
- POTATO SALAD** 4

SALADS

- SHRIMP, SALMON, GROUPEL, TUNA 8
- CHICKEN 5, SKIRT STEAK 11
- KALE CAESAR SALAD** 11
WITH KALE OR ROMAINE
- COBB SALAD*** 14 BABY GREENS
BACON, AVOCADO, TOMATO, BLEU CHEESE, EGG

- GRANOLA - BANANA & BERRIES**
2%, SKIM, OR SOY MILK 8 ADD YOGURT FOR 3.5

- GREEK YOGURT**
STRAWBERRY, VANILLA OR BLACK CHERRY 3.5

- FRESH FRUIT CUP**
FRESH CUT CANTALOUPE, HONEYDEW, STRAWBERRIES, PINEAPPLE, GRAPES, BANANA AND BLUEBERRIES 8

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